DISPENSATORY
OF
Fourty Physicall Receipts.

Most necessary and Profitable for all House-Keepers in their Families.

Besides three other pleasant Arts fit for young Gentlemen.

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An Expert Operator.

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To the Reader.

Gentle Reader,

IN my manifold Travels through *Europe*, *Asia*, and *Africa*, I have observed and learned many secrets, yea there is scarce any thing profitable for mans body, but I have knowledg

thereof. Here I do freely preſent unto you fourty moſt neceſſary Receipts, and very uſefull in every family, whereof I have oftentimes made good proof; Accept of them thankfully, and as you ſhall have occaſion make uſe thereof. So Farewell.

SALVATOR WINTER.
Operator.

The

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1. *TO make a mixt ſtone which being ſhit upon maketh fire.*

2. *Two waters they being mingled one with the other will become like milk, and it is good to take ſpots out of the face.*

3. *To make a bullet to hit all marks, yea to kill a bird flying in the air.*

A NEW DISPENSATORY OF Fourty Phyſical Receipts.

I. *A Salve for all Sores.*

TAke Sallet Oyl, a Pint and a half, as much Turpentine, Roſin a quarter of a pound, Maſtic Myrrhe Frankincenſe beaten to a powder, unwrought Wax half a pound, Sheeps Tallow four pound, Ragwort, Plantin, Orpin, Wormwood, Rue, Camomil, of each two handfuls: Cut theſe Herbs and ſeeth them in the things above written, then put to it one ounce of Red Saunders in fine Powder, let it boyl ſoftly, always ſtirring it till it be well mingled together; then take it from the fire, and ſtrain it through a ſtrong Canvas, and keep it for uſe.

II. *For a Pin and Web, and Pearl in the Eye.*

TAke fine white Ginger, grate it upon a Whetſtone, and mingle it with fine, with a little white Copperoſe; and when the Patient goeth to Bed put ſome into his Eye with a quill, and when it hath been there a while, take the Juice of ground Ivy mingled with Womans Milk, and put three or four drops into the Eye, Evening and Morning, after the ſaid Powder hath been in the Eye half an hour.

III. *A ſpecial Water for ſore Eyes.*

TAke a Gallon of fair running Water, and put it into a fair Earthen Pot or Pan, put therein ſo much white Copperoſe as an Egg, and cover it, and ſo do the morrow when the Copperoſe is all melted, from

the

the top clean with a Feather, then pour all the water fine, ſoftly into another clean Pan from the grounds, do this five or ſix days, till you perceive no grounds left, then put to it a pint of white Roſe water, ſo keep it in glaſſes, and ſet in the Sun, for the ſpace of a moneth, after cleanſe it through a fine Linnen cloth, keep it for uſe, of it drop a few drops in the Eyes, Morning and Evening.

IV. *For Deafneſs in mans Ears.*

TAke *Unguentum Agrippæ*, and Oyl of Bays, of each a like quantity, and mingle them together, put thereof into the Ears, it will open the Ears, and make him hear by Gods help.

V. *For the Toothache.*

TAke a quantity of Pelitory of Spain, as much Staveſacre, half ſo much long Pepper, beat them into a fine powder, temper with them three or four Corns of Bay Salt bruiſed, dip your finger in this powder and therewith rub your Gums and Tooth, then hold open your Mouth, and let the Rheumatick humor run out, and it will eaſe you, and if the Tooth be hollow to make it fall out of it ſelf; take VVheat flowre and mix it with the milk of the herb called Spurg, that hath milk in it, and make thereof, as it were a Paſte or Dough, with the which you ſhall fill the hole of the ſame Tooth, and leave it in a certain time, and the Tooth will fall out of it ſelf: Alſo if you waſh your Mouth once a moneth with VVine, wherein the Root of the ſaid herb hath been ſodden, you ſhall never have pain in your Teeth.

VI. *To make Teeth white.*

TAke Vinegar of Squills, and dip a little peece of a Linnen rag in it, and rub the Teeth and Gums therewith; this alſo faſtneth the Gums, comforteth the Roots of the Teeth, and maketh a ſweet Breath.

VII. *A precious Water for the Peſtilence.*

TAke the waters of Tormentil, Scabious, Dittany, Pimpernel, Betony, Marigolds, Featherfew, of each a like quantity, diſtil all theſe herbs together: Of this water, drink every morning faſting, three or four ſpoonfuls.

VIII. *For the Palſey.*

TAke Roſemary, Sage, Herbmaudlin, of each a handful, Camomil flowers three handfuls, and with Sallet Oyl make Oyl thereof, as you

you make Oyl of Roſes, and ſo anoint the grieved parts therewith.

IX. *A comfortable Broth for a ſick body.*

TAke an old Cock, ſcald and quarter him, and bruiſe his fleſh and bones, then take a pot that will hold a gallon, and fill it with fair water, and put the Cock in it, ſcum it clean, then take a handful of Raiſins of the Sun ſtoned, half ſo much Pruines the ſtones pickt out, half a handful of Currans, Borrage, Succory, Endive, Bugloſs, of each half a handful, the bottome of a Manchet and a little large Mace; put all theſe together into your pot with a little Salt, let it boyl a good while; then take a Saucerfull out of the Pot, and if it come to a Jelly, it is enough; if you have not a Cock, take a Leg of Veal in ſtead thereof.

X. *To heal a cut or freſh wound.*

TAke ſo much Turpentine as an Egg, mingle the yolks of two Eggs very well with it, then ſpread ſome of it upon ſome lint, mingle alſo a little Oyl of St. John-wort with it, dreſs it twice a day, and it will heal it.

XI. *A Medicine for the Squinſie.*

TAke the aſhes of Centory, and the powder of white Dogs-turd, make it into a Plaiſter with Honey, ſpread it upon a cloth and lay it upon the grief.

XII. *For the Jandis.*

TAke Turmerick in powder, a Groates weight, Engliſh Saffron the weight of two pence, the ſhaving of Ivory, a Groates weight, mingle them together, and drink every morning two penny weight thereof, either in Milk, Muskadine, or white VVine.

XIII. *For the ſwelling of the Legs.*

TAke VVallwort, Camomil, Mallows, and Hayhoove, being very clean, ſeethe them well in water, therewith waſh your Legs often, fine ſoftly, then dry them clean, and mingle ſome Oyl of Roſes, and Dialthea together, and anoint them therewith, and it will aſſwage it.

XIV. *To break a cake in a Womans belly that cometh with ſorrow.*

TAke Parſely, Iſop, Sage, Wormwood and Tanſey, ſeeth them in a pottle of ſtale Ale to a quart, then ſtrain it, of that drink a Wine-

glaſs full in the morning hot, and evening cold, and take the bowels of a Cat, and lay them as warm as they come out to the ſore ſide.

XV. *For the bloody Flux.*

TAke a quart of milk ſet it on the fire, and when it doth ſeethe, put in a piece of Roch-allome, then will riſe a curd, take it off, drink the whey as hot as you can endure it, and if your ſtomack can bear it eat the curd alſo.

XVI. *To cauſe one to make water if it be ſtopt.*

TAke Engliſh Saffron in fine powder, pure black Sope, one as much as the other, mingle it together, ſpread it upon the fleſhy ſide of white Leather, make thereof plaiſters, and lay it upon the Navil of the patient; Give him alſo the powder of the herb Golden-rod, as much as you can take up with a ſix pence in a rear Egg, or in a glaſs full of Rheniſh or white Wine, and he ſhall make water.

XVII. *For the Piles.*

TAke Treacle, ſpread it upon brown paper, and lay it to the ſore place, and it will help.

XVIII. *For the Itch.*

TAke the roots of Elecampane and reddocks a pretty quanty, boil them in water untill they be tender, then ſtamp them and fry them with Barrows Greace, and anoint you therewithal, and it will kill it.

XIX. *For the Pluriſie.*

TAke a fair Pippin, cut off the top, take out the coar, fill it half full with fine powder of *Olibanum*, ſo lay on the top again, roaſt it fine leaſurely upon the embers, take heed it do not burn: being roaſted enough, cut it into four parts with the *Olibanum* in it, ſo give it the patient to eat, it will by and by make the Apoſtume to break, and heal him clean.

XX. *For ſpitting of blood by breaking a vein in the breaſt.*

TAke Mice dung beaten to a fine powder, as much as will lye upon a Groat, and put it into half a glaſs full of the Juyce of Plantain, with a little Sugger, give it the Patient to drink in the morning faſting, and at night going to bed, continue this, and it will make him ſound.

For

XXI. *For the Scrophulus, called the Kings Evill.*

TAke Ceruſe, or white lead beaten to a fine powder four ounces, Saffet Oyl eight ounces, let it boil together five or ſix hours, ſtirring it continually, and when it is become very black, then it is ſodden enough, ſpread it upon a linnen cloth, and lay it unto the place of the ſore; if the ſores be broken they will be healed ſhortly, if not, they will diſſolve and looſe, and ſhortly heal throughly.

XXII. *Againſt all maner of Peſtilence or Plague.*

TAke an Onion and cut it overthwart, then make a little hole in the middle of each piece, the which you ſhall fill with Treacle, and lay the pieces together again, and wrap them in a wet brown paper, and roaſt them in the hot embers, and being roaſted enough, preſs out the Juice of it, and give the Patient to drink thereof a ſpoonfull, and ſuddenly he ſhall feel himſelf better.

XXIII. *To make a Carbuncle, or any other botch to break.*

TAke Bay Salt well beaten into powder, and ſifted, incorporate it with a yolk of an Egg, and lay it upon the Carbuncle or ſore, and be aſſured that (with the Grace of God) it will draw to it ſelf all the venom and poyſon of the Plague or ſore, ſo that in a ſhort time he ſhall be cured.

XXIV. *For worms in Children.*

TAke halfe a pint of new Milk of a red Cow, half a ſpoonfull of Wormſeed ſmall beaten, boil this a little while, then put to it two ſpoonfuls of life Honey, a little Saffron, as much ſcraped Hartshorn as will lye upon a ſix pence, boil all this together a little while: this will ſerve for three mornings drunk luke-warm.

XXV. *For an Ague.*

TAke a Nutmeg, beat it to powder, and the like quantity of burnt Alom, a quarter of a pint of white Wine Vineger, mix all together, give it an hour before the fit, and go to bed.

XXVI. *For the Falling-ſickneſs.*

TAke a pottle of Sack, Piony roots two handfuls, make them clean, and bruiſe them in a Morter, infuſe them in ſome of the wine four and twenty hours, then ſtrain them hard, and put all the ſtraining to

the reſt of the Wine, and keep it for uſe. To a childe give a ſpoonful in the morning, and as much going to bed. To a ſtrong body give four ſpoonfuls at a time, there is no danger in it.

XXVII. *For a Stitch.*

TAke a dry Acorn, beat it to a fine powder. and as much Treacle as a Haſel nut mixt together in a gliſs full of white Wine, give it the Patient to drink going to bed.

XXVIII. *For a ſore Throat.*

TAke the red Oak buds when they come out firſt diſtill them by a ſoft fire in *Balneo Mariæ*, then put in as much Roch Allome as will make it taſte a little of it, ſo keep it all the year, gargle the throat therewith, and it will heal, skin, and cool it.

XXIX. *For a ſcald with fire or hot liquor.*

CUt an Onion a ſunder, and lay it preſently to the place, it will take out the fire, and keep it from further danger.

XXX. *If a Childs water be ſtopt.*

TAke Watercreſſes a good handful, and heat them twixt two Bricks, and lay them as hot as can be endured to the ſtones, and bottome of the belly, and ſo let it lye, and he ſhall make water.

XXXI. *Children ſtuft with cold and flegm.*

IN a pint of new Milk, boil a head of Garlick: when it is well boiled, give the milk of it warm to drink (but not the Garlick) with a little Sugar, three mornings together.

XXXII. *To eaſe the pain and ſwelling of the Gout.*

TAke a raw Turnip, peel and ſtamp it, make it a Pultis, and lay it ſo raw unto the place; if the pain goeth not away take another, ſo change every ſix hours till it ceaſe.

XXXIII. *For a Tympany.*

TAke ſcurvy-graſs one handful, put it into a pint of white wine, let it ſtand all night, then boil it, in the boiling put to it a quarter of a pint of new Milk, ſtrain it, drink it cold morning and evening, faſting.

XXXIV. *For an Earwig in the Ear.*

THe Juice of Wormwood, Rew, and Southernwood, of each a like quantity, put it into the Ear, and lay ſome of the beaten Herbs unto it, and that will kill it in one night.

XXXV. *For the bleeding of the Fundament.*

TAke the Ruſt of a Bell, or Bell mettal, drink it with fair water, and it will ſtay it preſently.

XXXVI. *For the Green ſickneſs.*

TAke ſeven of the greateſt leaves of Ribwort, ſtamp and ſtrain them therewith a little white Wine or Beer, and drink it faſting in the morning, for a week together; and the next week drink burned white wine, with as much *Spermaceti* as will cover ſix pence, twice in the week, and it will ſurely cure it.

XXXVII. *For the Convulſion fits in young Children.*

TAke three Seeds of ſingle Pyony, peel off the black Skin, and beat them into fine powder, put it into a ſpoonful of black Cherry water, make the childe drink it, and preſently after it, give it a ſpoonful or two more of the Cherry water by it ſelf, to waſh down the powder.

XXXVIII. *A Dyet drink to cure the French Pox in a ſhort time without much ſweating.*

TAke Chips of Guajack four pound, *Salſa Parilla*, ſliced, ſplit, and cut ſmall two pound, *Sene Oriental* four ounces, *Agrimony* one handful, Cinamond two ounces, Cloves and Nutmegs of each two drams, which you muſt break a little in a Morter; then take a veſſel of about five Gallons, and put all theſe drugs into it, and put to it four Gallons of white Wine, or ſtrong Ale, and ſo let it ſteep twenty four hours.

Then you muſt take of it every morning in your Bed, about a boyc half a pint, cover you well keep in your Bed two hours, ſweat one hour, dry your ſelf well, and rub you with Linnen clothes, then you may riſe and go about your buſineſs. Note before you take this drink, purge you once with the following Pills, and let blood; you muſt not eat any ſowre things, Cheeſe, Salt, Fiſh, but onely Roaſted meat, and drink always of this Dyet drink; and having drunk all this Dyet drink, purge you with thoſe Pills, taking a dram betimes in the morning.

Alſo if any Puſhes, Ulcers, Cankers, ſhould break out about a mans body,

body, especially upon the Yard or elsewhere; Take a quart of running water, heat in a Pipkin, put then to it four ounces of good unslackt Lime, let it stand all night, in the morning skim it very clean from the skin, which is gathered upon it; then take off the cleerest water without any dregs of the Lime in it, keep it in a glass, put to a pint of it one dram of burnt Allome, twenty grains of sweet Mercury; with this water wash such affected places, and lay a wet rag in the same water upon it.

VVith the Lime so unslackt, you may make a very good salve, for Fistulaes, Cankers, old sores, putting some Linseed Oyl to it, and well-mingled, apply it as a Plaister.

XXXIX. *The Pills for the same to be used after the drink.*

℞ *Cammon, Rhebarb, Trochisci, Alhhandal, aloes Succotrini, Cremor tartari ana* ℥ii. *Tutiæ præparat.* ℥i. *Mercur. dulcis* ℈i.

Redige omnia in pulverem tenuissimum, & excipiantur cum syrupo rosar. the Dose is one dram at a time, taken betimes in the morning, and some warm Posset drink after it.

XL. *To Dye Hair black.*

TAke Gum Lye, and boyl with a handful of Leaves of Beet, three or four handful of Sage Leaves, either green or dry, and a dram of Myrrhe with Bay leaves, and a few leaves or outward peels of a Walnut, with this Lye wet your Hair, but take heed you wash not your face with it; yet nevertheless, after you have wetted thus your Hair well with a Brush, or a Comb, with a Spunge at it; wash your face after with fair water or white Wine. Let your Hair dry of it self.

To make a mixt stone, which being spit upon maketh fire.

I. TAke quick Lime and Saltpeter fined divers times, *Tutia Alexandrina* not prepared, Calamint, as much of the one as of the other, quick Brimstone and Camphere, of each of them two parts, and let all these things be beaten small, and sifted through a fine searce; then put the said powders in a new Linnen cloth, and binde them hard. This done take two great Goldsmiths Crossetees or melting Pots, and put the said powders in them, and set the one upon the other, mouth to mouth, and binde them fast with Wyer, and *Lutum Sapientiæ*, so that it may take no maner of Ayr, and dry them in the Sun, and when it is dry, the powder will be yellow. This done, set the Crossets in a Furnace of Brick or Lime, and when it is cold again, take it out, and you shall finde your substance

of

of the colour of brick, and it ſhall be perfect and good. And when you uſe of it, to make a fire, or light a candle, ſpit upon it, or wet it with a drop of water, and incontinent put to it your Match, and it will light it and burn. And when you will quench it again, blow on it as you blow out a candle, and it will go out.

To make two waters, they being mingled together will become like, good to take away the ſpots and freckles in the face.

II. TAke Lytharge of ſilver, half a pound, beat it to a powder, put to it a quart of Wine Vinegar, boyl it together till half be waſted away, and then draw the liquor from the Lytharge with Woollen ſhreds, & ſo keep it for your uſe in a Viall cloſe ſtopt: take alſo of Camphere three drams, Muſk four grains: againſt all theſe things put one ounce and a half of Oyl of Tartar, and put all in a pint of Roſe water, and boil it till the third part be conſumed, and then draw the reſt with Woollen ſhreds, and keep it to your uſe in a Viall cloſe, and when you will uſe it, take a very little bottle glaſs, and fill it half full of the firſt water, and fill it up with the ſecond water, and it will coagulate together ſtraightways marvellouſly as white as milk, wherewith you muſt often waſh the red ſpots and freckles in your face.

To make a bullet to hit all marks, yea to kill a bird flying in the air.

III. TAke Pewter, Lead, and Quick-ſilver of each alike, melt all together, and caſt bullets of it, ſhoot them out of your Gun, and they ſpread abroad that you cannot miſs your marke.

FUrthermore, I pull out all maner of Hollow Teeth, ſtumps or roots, with great dexterity, and eaſe, without almoſt any pain.

I make Teeth ſmooth and white, ſet in Artificial ones, that they ſhall not be diſcerned from the natural ones, yea I do all to Teeth; (without arrogancy and prejudice to other) as well as any whoſoever, and I know none ſhall go beyond me in that Art.

All theſe above written Receipts you may make your ſelves if you pleaſe, or elſe come to me, and I will ſhew you the manual operation of them and many others, to make them for you.

I live at preſent in Bedford-*ſtreet, next door unto the Sign of the Fox, over againſt the New Exchange.*

Per me *Salvator Winter* of *Naples* Operator.

FINIS.

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